

HIPAA Privacy Summary for Clients

Your privacy is very important. This practice follows the Health Insurance Portability and Accountability Act (HIPAA), which is a federal law designed to protect your personal health information.

What Information Is Protected

All information you share in therapy is considered protected health information (PHI). This includes your identity, clinical notes, treatment records, and any information discussed during sessions.

How Your Information Is Used

Your information is used only for the purpose of providing quality mental health services, which may include:

- Assessment and treatment planning
- Coordination of care (when necessary and with your permission)
- Administrative tasks such as billing and scheduling

Confidentiality

Your information is kept confidential and will not be shared without your written consent, except in the following situations required by law:

- If there is a risk of harm to yourself or others
- If there is suspected abuse or neglect of a child, elder, or dependent adult
- If required by a court order or legal process
- For professional consultation or supervision (without identifying details whenever possible)

Your Rights Under HIPAA

You have the right to:

- Access and request copies of your records
- Request corrections to your records
- Request limits on how your information is used or shared
- Receive a copy of this privacy notice
- File a complaint if you believe your privacy rights have been violated

How Your Information Is Protected

We use secure systems and professional safeguards to protect your information from unauthorized access, loss, or misuse.

Questions or Concerns

If you have any questions about your privacy rights or how your information is handled, you are encouraged to ask at any time.